

7 Ways We Are Wearing Masks Incorrectly



1 Cutting a hole in it to eat or drink

Those who cut a hole or slit in it to eat or drink are reducing the efficacy of the mask.



2 Wearing it under your nose

Not covering your nose means you will still exhale small droplets through your nose.



3 Keeping your nose covered with your mouth exposed

It doesn't stop droplets created via talking or coughing and doesn't protect the wearer if they breathe through their mouth.



4 Wearing it around your ear

While it may allow you to get some fresh air before 'masking up' again, in terms of preventing viral transmission it is entirely useless.



5 Wearing it under your chin

Pulling your mask up and down could transfer the virus from your mask to your fingers and nose.



6 Masks made of sub-optimal materials

Masks made of material that doesn't capture droplets will be less effective.



7 Visors

Smaller droplets are still able to be carried in the air, and come up under the visor.